

# STARTERS

|  |                                |
|--|--------------------------------|
| <b>GARLIC BREAD</b>                      | <b>\$4.50</b>                  |
| Our famous wholemeal garlic bread.       |                                |
| <b>GARLIC or HERB PIZZA</b>              | <b>\$9.00/\$14.00/\$19.00</b>  |
| Available in small, large or giant       |                                |
| <b>CHEESE PIZZA</b>                      | <b>\$11.00/\$18.00/\$23.00</b> |
| Available in small, large or giant       |                                |
| <b>MARGARITA PIZZA</b>                   | <b>\$14.00/\$19.00/\$25.00</b> |
| Available in small, large or giant       |                                |
| <b>BOWL OF CHIPS</b>                     | <b>\$6.50</b>                  |
| <b>CRUMBED CALAMARI</b>                  | <b>\$9.90</b>                  |
| Served with a sweet chilli & mayo dip... |                                |

# SALADS

*Perfect for Sharing!*

|  |                |
|--|----------------|
| <b>MINI SIDE SALAD</b>   | <b>\$6.50</b>  |
| A mini garden salad just perfect for one.  |                |
| <b>GARDEN SALAD</b>  | <b>\$9.00</b>  |
| Fresh mixed lettuce with our unique Italian dressing. We've sold this same salad for over 15 years (and the lettuce hasn't even wilted). |                |
| <b>GREEK SALAD</b>   | <b>\$11.00</b> |
| With Feta Cheese and extra black olives, a truly Mediterranean munch out!  |                |
| <b>EARTH N CAESAR</b>  | <b>\$12.50</b> |
| A classic salad designed by the emperors topped with garlic pizza croutons, crispy bacon, parmesan cheese and anchovies (optional).      |                |
| <b>CHICKEN CAESAR</b>  | <b>\$15.50</b> |
| Caesar Salad topped with fresh chicken breast (no anchovies on this one!!).  |                |
| <b>SATAY CHICKEN SALAD</b>   | <b>\$15.50</b> |
| Fresh chicken breast cooked in a warm, spicy satay dressing on top of a crispy garden salad.   |                |
| <b>CHICKEN &amp; AVOCADO SALAD</b>   | <b>\$16.00</b> |
| Garden salad topped with sliced chicken breast, avocado and a lime and coriander dressing.   |                |
| <b>SEAFOOD SALAD</b>   | <b>\$18.00</b> |
| Pan-fried prawns, calamari and fish with a honey, balsamic and lime dressing on a fresh garden salad.                                    |                |

# KIDS

|   |               |
|---|---------------|
| <b>NEST OF WORMS</b>  | <b>\$7.00</b> |
| Small portion of spaghetti Bolognese topped with mozzarella cheese.                                     |               |
| <b>KIDS PASTAS</b>  | <b>\$7.50</b> |
| Choose from Ravioli, Pumpkin Ravioli, Carbonara, Tortellini and Lasagne. Topped with mozzarella cheese. |               |
| <b>MINI PIZZAS</b>  |               |
| Cheese  | <b>\$8.50</b> |
| Ham & Cheese  | <b>\$9.00</b> |
| Chicken & Cheese  | <b>\$9.00</b> |
| Kids Meat Lovers (ham, beef BBQ Sauce)  | <b>\$9.00</b> |

# PASTA LOVERS

REGULAR \$15.00 - LARGE \$19.00

ALL SERVED WITH PARMESAN CHEESE ON TOP

|                                  |  |
|----------------------------------|--|
| <b>CARBONARA</b>                 | Bacon, mushrooms, onion, garlic in a rich creamy sauce.  |
| <b>BOLOGNESE</b>                 | Our traditional Italian meat spaghetti.  |
| <b>RICOTTA RAVIOLI</b>           | Squares of pasta filled with Ricotta cheese and served with an Italian tomato sauce.                 |
| <b>PUMPKIN RAVIOLI</b>           | Squares of pasta filled with pumpkin, smothered in creamy pesto sauce.                               |
| <b>MARINARA</b>                  | Prawns, calamari & fish in a cream and white wine sauce <u>OR</u> cooked in an Italian tomato sauce. |
| <b>VEGE DELIGHT</b>              | A seasonal mixture of pan-fried vegetables in Italian tomato sauce.                                  |
| <b>NAPOLI</b>                    | Garlic, onions, capers and black olives cooked in an Italian tomato sauce.                           |
| <b>TORTELLINI</b>                | Little rings of pasta stuffed with meat and served in a bacon, tomato, mushroom and cream sauce.     |
| <b>BEEF LASAGNE</b>              | Our traditional baked Italian pasta.   |
| <b>PRAWN &amp; CHORIZO PENNE</b> | Pan fried in a spicy tomato sauce.   |
| <b>THAI CHICKEN</b>              | With a coriander, chilli and coconut cream sauce. Hot...tell us if you like it HOTTER!!              |

# SCHNITZELS & MORE

|  |                |
|--|----------------|
| <b>CHICKEN SCHNITZELS</b>  | <b>\$19.90</b> |
| Golden hand crumbed crispy chicken schnitzels served with chips, salad and fresh lemon wedges.                           |                |
| <b>CHICKEN PARMY</b>   | <b>\$22.90</b> |
| Chicken schnitzels topped with Napoli sauce, mozzarella and parmesan cheese served with chips & salad.                   |                |
| <b>EARTH N SEA PARMY</b>   | <b>\$23.90</b> |
| The ultimate Chicken Parmy topped with creamy Carbonara sauce, mozzarella and parmesan cheese served with chips & salad. |                |
| <b>BEEF OR VEGE NACHOS</b>   | <b>\$15.50</b> |
| Nachos plate topped with guacamole, cheese, sour cream and sweet chilli sauce.   |                |
| <b>COOLY STEAK STANDWICH</b>   | <b>\$18.50</b> |
| Rib fillet, bacon, grilled peppers, onion relish, mayo, lettuce and tomato, served with chips.                           |                |
| <b>BEER BATTERED FLATHEAD</b>  | <b>\$18.90</b> |
| Served with chips, salad and tartare sauce.  |                |



# PIZZAHOLICS



1. **EL SUPREMO** Ham, button mushrooms, green capsicum, a touch of onion, black olives and salty anchovies. The beginning of many a revolution. Personally recommended by Fidel Castro.
2. **CRUEL SEA** A lovely mix of prawns, clams, mussels and black olives, with fresh garlic to bring out the taste. Local fisherman's favourite!
3. **QUATTRO STAGIONI** (Try - Kwuto Stajjeeonee) something for everyone: Four different corners of Some Like it Hot, Mullumbimby Madness, Hot Lips and Troppo! (available in large and giant)
4. **CAPRICIOSA** (Try - Kap-rich-osa) a classic Italian pizza with ham, pepperoni, button mushrooms and salty anchovies. What Nero fiddled with while Rome burned.
5. **MULLUMBIMBY MADNESS** At last a vegetarian pizza with taste! Fresh button mushrooms, slices of green capsicum, just enough onion, black olives, fresh garlic, fresh tomato slices, sliced zucchini and a dash of chilli sauce. The environmental pizza!
6. **HOT LIPS** Ham and pepperoni. A certain Sicilian gentleman revealed this simple recipe for putting the heat on your friends.
7. **SOME LIKE IT HOT** As our big brothers up the road are fond of repeating, 100% pure beef (with our seven secret herbs and spices), onion and chilli sauce. Italy's answer to the Aussie meat pie.
8. **NEOPOLITANA** Black olives, salty anchovies, fresh tomato slices and fresh (AAHH!) garlic. Our own anchovy pickers and olive trappers have been out since dawn to bring you this traditional strong tasting Italian pizza!
9. **M.N.X.** (Try - Ham 'n' Eggs) Ripper tucker, Norm! Surprisingly tasty, too. Bacon 'n' eggs also available.
10. **TROPPO** Our now famous ham and pineapple. Big chunks of pineapple and real ham, smuggled in, not from the Golden Triangle, but from the Golden Circle. Our most popular kid's treat.
11. **GALLIANA** (No, not Galliano!) Tender breast fed chicken, lemon pepper and slices of button mushrooms plucked from their beds early this morning. Cruel beasts, aren't we!
12. **CALYPSO** Pepperoni and pineapple. Like sweet 'n' sour - steams you up and cools you down.
13. **BEETHOVEN** Yummy prawns, fresh banana slices and big chunks of pineapple. An Earth 'n' Sea original. Sweet, yummy and so called because it is made with bananas.
14. **THE NUMBER FOURTEEN** When we only had 13 pizzas on the menu the local lads invented the number 14. Great Pizza! Real beef, ham, onion, egg and chilli...one of our most popular pizzas!
15. **PUTTANESCA** Happily adapted (stolen) from a pasta dish at Romeo's of Airlie Beach. Thanks Romeo, we enjoyed the meal!! Fresh garlic, a dash of chilli, mushrooms, bacon, olives and capers. Not too much of anything so you get the individual flavours.

16. **APOCALYPSE NOW** (yawn) When you can't think what to order, go for broke. Ham, 100% beef, pepperoni capsicum, button mushrooms, onions, chunks of pineapple and prawns.
17. **MANUEL'S MEXICAN** Mexican chilli spices, kidney beans, onions, capsicums, fresh tomato slices and beef (or mushrooms for a vego Mexican), topped with sour cream and corn chips. Ole.
18. **GRECIAN GOURMET/GREEN PIZZA** Named after our favourite cause and actually our favourite pizza. Spinach, feta cheese, chopped onion and fresh crushed garlic AAAH. .. P.S. It's great with Jalapeno peppers if you like life steamy.
19. **TROPICAL HEAT WAVE** Ground beef, pepperoni, onions, jalapeno chilli peppers, tomato, pineapple, chilli sauce - for the bold and daring.
20. **SATAY CHICKEN PIZZA** Chicken marinated in a peanut satay sauce with chopped onion and a little spinach. Is this Bali or Heaven?
21. **MEAT LOVERS** Ham, beef and hot pepperoni with BBQ sauce.
22. **BBQ CHICKEN** Fresh cooked chicken, bacon, mushrooms, cheese and BBQ sauce.
23. **THE SICILIANO** Designed by the great pizza Don himself and a favourite of the Earth n Sea underworld with mushrooms, pepperoni, olives, sundried tomatoes & artichoke hearts...don't forgettaboutit!

## SO AS NOT TO COMPLICATE THINGS, ALL...

|       |                     |
|-------|---------------------|
| MINI  | \$12.00 (Feeds 1)   |
| SMALL | \$18.00 (Feeds 1-2) |
| LARGE | \$29.00 (Feeds 2-3) |
| GIANT | \$35.00 (Feeds 3-4) |

## Alterations & Extras

Small from \$1.00 - Large from \$2.00 - Giant from \$3.00

Fresh Garlic, Chilli Sauce or Jalapeno Peppers available on all of the above and no extra cost.

## GLUTEN FREE \$1 EXTRA (SMALL ONLY)

All of our products are prepared in a kitchen that uses peanuts and other ingredients that may cause an allergic reaction. Please advise us if this affects you. All care taken, but no responsibility accepted.

**ONE BILL PER TABLE PLEASE**



# Earth's Sea

EST. 1976  
THE ORIGINAL - THE BEST  
COOLANGATTA



## BREAKFAST MENU

Available from 8.00 am until 12 midday

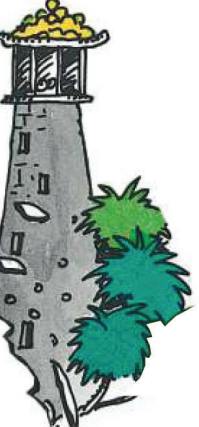
- Thick Cut Toast - 2 slices with choice of jam, honey, vegemite or peanut butter \$3.90
- Raisin Toast - 2 slices of thick cut fruit toast served with butter \$4.50
- Toasted Banana Bread - served with butter & honey \$5.90
- Eggs on Toast - 2 eggs poached, fried or scrambled on toast \$7.90
- Bacon & Eggs - 2 eggs cooked any way with crispy bacon & toast \$9.50
- Big Breaky - 2 eggs, crispy bacon, sausages, grilled mushrooms & tomatoes \$14.90
- "Big Canadian" - banana crepe served with fresh cream topped with  
crispy bacon & maple syrup \$14.00
- Eggs Benedict - 2 poached eggs covered in hollandaise sauce with  
crispy bacon *or/* \$12.00  
spinach & smoked salmon \$14.90
- Swiss Style Muesli - served with milk, yoghurt & honey \$7.90
- Breakfast Crepes - served with fresh cream & ice-cream, choice of \$9.00  
"Sunrise Surprise"- pineapple, banana, passionfruit & coconut *or/*  
"Choc Banana" - fresh banana and chocolate sauce
- Bacon & Egg Sandwich - toasted with BBQ, tomato or hollandaise sauce \$8.90
- "Breaky Pizza" - bacon & egg pizza topped with hollandaise sauce \$12.00
- Grilled Field Mushrooms - served on toast topped with choice of \$12.50  
Spinach, Feta and mozzarella cheese *or/*  
Chicken, Avocado and mozzarella cheese

### ADDITIONS:

- Grilled tomato, mushrooms, bacon, avocado, baked beans or sausages \$2.80 each

### KIDS BREAKY

- Big Kids Breaky - egg, crispy bacon, baked beans and toast \$6.90
- Boiled Egg - with toasted soldiers for dipping \$4.50
- Breaky Worms - Spaghetti on Toast \$5.00
- Breaky Cereal - a selection of favourites served with milk \$4.50
- Kids Juice - small serve of fresh orange or apple juice \$2.50





# Earth'n'sea

EST. 1976  
THE ORIGINAL - THE BEST  
COOLANGATTA

## LUNCH SPECIALS

Available Daily Until 4.00 pm

### STARTERS

- Garlic Bread - with our home made garlic butter \$4.50
- Side Salad - mini version of our classic garden salad \$6.50
- Bowl of Chips \$6.50
- Mini Herb & Garlic Pizza - mini sized starter for two \$8.00

### SEAFOOD

- Calamari & Chips - served with a lime & sweet chilli mayo dip \$11.90
- Crumbed Whiting & Chips - served with lemon and tartare sauce \$12.90
- Seafood Salad - prawns, fish and calamari pan fried in honey and balsamic \$14.00
- Beer Battered Flathead - with chips, salad and tartare sauce \$14.90

### PIZZA & PASTA

- Mini Pizzas - your choice of any of our mini pizzas \$12.00
- Regular Pastas - your choice of any of our regular pastas \$12.90
- Lunch Lasagne - served with chips & salad \$14.90

### SALADS

- Chicken & Avo Salad - with a sweet chilli, lime & coriander dressing \$14.00
- Satay Chicken Salad - chicken breast pan-fried in a spicy satay sauce \$14.00
- Chicken Caesar Salad - with crispy bacon and garlic pizza croutons \$12.90

### BURGERS

- Portofino Burger - chicken schnitzel with grilled peppers, mayo, feta cheese, lettuce and satay sauce ... add \$3.50 for side of chips \$12.90
- Cooly Steak Sandwich - rib fillet, bacon, grilled peppers, onion relish, mayo, lettuce and tomato ... add \$3.50 for side of chips \$14.90

### NACHOS & SCHNITZELS

- Beef or Vege Nachos - with guacamole, sour cream & sweet chilli sauce \$12.90
- Lunch Schnitzel - served with chips, salad and lemon \$12.90
- Lunch Parmy - lunch schnitzel, topped with cheese and napoli sauce \$14.90





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## DESSERT MENU

### CAKE FRIDGE SELECTIONS

|                               |        |
|-------------------------------|--------|
| Small Cake/Slice or Muffin    | \$3.90 |
| Cake or Cheesecake            | \$6.00 |
| "Coffee & Small Cake Special" | \$6.50 |
| "Coffee & Cake Special"       | \$7.80 |

### AMAZING CREPES

|   |  |
|---|--|
| With fresh cream, ice cream & icing sugar |  |
| Old Faithful                              | Lemon & Brown Sugar                                    |
| Murple Slurple                            | Maple Syrup  |
| Rum Banana                                | Bananas & Rum  |
| Chockabanana                              | With Chocolate Sauce <i>or/</i><br>With Crème de Cocoa |
| Granny Smith                              | Hot Apples & Cinnamon                                  |
| Hot Passion                               | Passionfruit   |
| Sunrise Surprise                          | Banana, Passionfruit,<br>Pineapple, Coconut            |

|   |               |
|---|---------------|
| <b>BANANA SPLIT</b>                         | <b>\$7.90</b> |
| With cream, ice cream, choc topping & nuts! |               |

|   |               |
|---|---------------|
| <b>WARM CHOCOLATE BROWNIE</b>             | <b>\$5.90</b> |
| Served with fresh cream & chocolate sauce |               |

|   |               |
|---|---------------|
| <b>INDIVIDUAL PUDDINGS</b>                              | <b>\$7.50</b> |
| Served hot with ice cream and fresh cream               |               |
| <b>Sticky Date Pudding <i>or/</i> Chocolate Pudding</b> |               |

|                                    |        |
|------------------------------------|--------|
| <b>ITALIAN SORBETS</b>             |        |
| Raspberry, Mango or Lime & Coconut |        |
| Single Scoop                       | \$4.00 |
| Double Scoop                       | \$5.50 |
| Triple Scoop                       | \$6.50 |

|                                      |        |
|--------------------------------------|--------|
| <b>ICE CREAM IN A BOWL OR A CONE</b> |        |
| Vanilla, Strawberry or Chocolate     |        |
| Single Scoop                         | \$3.50 |
| Double Scoop                         | \$5.50 |
| Triple Scoop                         | \$6.00 |

|   |               |
|---|---------------|
| <b>SUNDAYS FOR EVERYDAY</b>   | <b>\$6.50</b> |
| Vanilla ice cream with chocolate, strawberry, caramel or lime topping and fresh cream |               |

## DRINKS MENU

|  |                         |
|--|-------------------------|
| <b>SOFT DRINKS</b>                           |                         |
| Cola, Diet Cola, Raspberry, Squash, Lemonade |                         |
| Regular \$2.50                               | Large \$3.00 Jug \$7.00 |

|                                    |                          |
|------------------------------------|--------------------------|
| <b>ORANGE JUICE OR APPLE JUICE</b> |                          |
| Regular \$4.00                     | Large \$4.50 Jug \$11.00 |

|  |               |
|--|---------------|
| <b>SPIDERS</b>                                 | <b>\$4.50</b> |
| Choice of soft drink with a scoop of ice cream |               |

|  |               |
|--|---------------|
| <b>MILK SHAKES</b>                         | <b>\$4.50</b> |
| Choc, Vanilla, Caramel, Strawberry or Lime |               |

|  |        |
|--|--------|
| <b>SELECTION OF FRIDGE DRINKS</b>      |        |
| Bundy Ginger Beer & Lemon Lime Bitters | \$3.80 |
| Orange & Mango or Blood Orange         | \$3.50 |
| Berry or Apple Pomegranate Iced Tea    | \$4.00 |
| Cans of Pepsi, Pepsi Max, Lemonade,    | \$3.50 |
| Solo, Sunkist, Mountain Dew            |        |

|                   |                           |
|-------------------|---------------------------|
| <b>WATERS</b>     |                           |
| Bottled Water     | 600ml \$3.00 1.5lt \$4.00 |
| Sparkling Mineral | 300ml \$3.50 750ml \$6.00 |

|                         |        |
|-------------------------|--------|
| <b>COFFEE MENU</b>      |        |
| Short Black             | \$3.00 |
| Macchiato               | \$3.00 |
| Cappuccino              | \$3.50 |
| Flat White              | \$3.50 |
| Latte                   | \$3.50 |
| Long Black              | \$3.50 |
| Mocca                   | \$3.50 |
| Hot Chocolate           | \$3.50 |
| Chai Latte              | \$3.50 |
| Soy, Mug or Syrup extra | \$0.50 |

|                                      |        |
|--------------------------------------|--------|
| <b>TEA MENU</b>                      |        |
| Premium Blend, English Breakfast     |        |
| Earl Grey, Green Tea, Lemon & Ginger |        |
| Mug of Tea                           | \$3.50 |
| Pot of Tea for One                   | \$4.00 |

|                                      |               |
|--------------------------------------|---------------|
| <b>ICED COFFEE or ICED CHOCOLATE</b> | <b>\$5.50</b> |
| With ice cream & fresh cream         |               |

|  |               |
|--|---------------|
| <b>BANANA &amp; HONEY SMOOTHIE</b>       | <b>\$5.50</b> |
| With banana, honey, milk & fresh yoghurt |               |





# Earth'n'sea

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## WINE MENU

### BEER

|                        |        |                          |         |
|------------------------|--------|--------------------------|---------|
| Cascade Light          | \$5.50 | XXXX Gold (Mid Strength) | \$5.50  |
| VB                     | \$6.00 | Tooheys Extra Dry        | \$6.00  |
| Pure Blonde            | \$6.50 | Corona                   | \$7.00  |
| Coopers Green          | \$6.50 | Heineken                 | \$7.00  |
| Peroni                 | \$7.00 | BUCKET OF CORONAS        | \$24.00 |
| James Squire Amber Ale | \$7.50 | BUCKET OF EXTRA DRYs     | \$20.00 |

### SPIRITS & PRE-MIXED DRINKS

|   |                   |
|---|-------------------|
| Bundy Rum, Vodka, Jim Beam, Johnny Walker, Gin, Baileys, etc  | \$7.00 / \$24 JUG |
| Cans of Bundy Rum or Jim Beam & Cola  | \$7.90            |
| Bottles of Canadian Club & Dry, Raspberry, Pineapple or Guava Cruisers, Midori Illusions, Smirnoff Black, etc | \$8.90            |

### WHITE WINE

Bottle 750ml / Glass 175ml

|  |               |
|--|---------------|
| Rothbury Estate Chardonnay - Hunter Valley, NSW<br>An easy drinking, top quality house white                     | \$18 / \$5.90 |
| Coral Sea Sauvignon Blanc - Renmark, SA<br>A fantastically fresh, clean palate with lemon & lime tones           | \$25 / \$6.50 |
| Attahua Sauvignon Blanc - Marlborough, NZ<br>Another classic from our Kiwi cousins, enjoy the citrus in this one | \$26 / \$7.00 |
| Annies Lane Riesling - Clare Valley, SA<br>Wonderful medium bodied varietal, complex lavender & limes            | \$28          |
| Devils Lair Semillon Sauvignon Blanc - WA<br>An iconic Margaret River white, crisp, fresh & zesty                | \$27 / \$7.50 |

### RED WINE

|  |               |
|--|---------------|
| Rothbury Estate Cabernet Merlot - Mudgee, NSW<br>An easy drinking, medium bodied house red                                 | \$18 / \$5.90 |
| Coral Sea Shiraz - Remark, SA<br>Spicy full bodied table Shiraz with berry aromas  | \$25 / \$6.50 |
| Saltram Makers Table Cabernet Sauvignon - Barossa Valley, SA<br>Blackcurrant notes with a soft finish from a top vineyard  | \$26 / \$7.00 |
| Penfolds Private Release Shiraz Cabernet<br>Rich, sleek offering with a long balanced finish                               | \$30 / \$8.00 |
| Rosemount Pinot Noir (served chilled) - South East Oz<br>Delicious velvety soft on the pallet with notes of oak to support | \$27          |
| Pepperjack Shiraz - Barossa Valley, SA<br>Award winner with concentrated berry fruits and a quality finish                 | \$36          |

### SPARKLING

|  |         |
|--|---------|
| Yellow Piccolos (200ml)                | \$8.00  |
| Coral Sea Sparkling Brut Cuvee (750ml) | \$26.00 |

Earth 'n' Sea Pizza & Pasta management and staff take the responsible service of alcohol seriously and follow a strict house policy in the sale and service of alcoholic beverages. Bar closes 15 minutes after the kitchen closes.

CORKAGE PER PERSON \$1.00

